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Search: Veggie Run



All primary food being served is **SILVER Food for Life**. This means it is Locally, **Organic** and Sustainably sourced, Higher **Animal Welfare** and Freedom Food.

Would you like to join our successful catering team?  
Yes! Please visit our website:

[www.haveringcatering.co.uk](http://www.haveringcatering.co.uk)

**Yay! Free School Meals** for all Key Stage 1 pupils.  
If you are entitled to free school meals please contact Student and Pupil Finance on: **01708 433929**.

**Contact**

01708 433119  
[schoolcatering@havering.gov.uk](mailto:schoolcatering@havering.gov.uk)

# the CRUNCH BUNCH

Look out for our new plant based dishes (VE)

**Yay!**  
We have a 3 choice menu.

**Primary Menu**

**£2.30**



## WEEK 1

19/04/2021, 10/05/2021, 07/06/2021, 28/06/2021,  
19/07/2021, 13/09/2021, 04/10/2021

MONDAY

Choose a main meal...

Golden Dippers with  
Diced Potatoes (V)

Jacket Potato with a  
Choice of Toppings

Spanish Inspired  
Vegetable Paella (VE)

On the side...

Farmhouse Vegetables

Baked Beans

For dessert...

Vanilla Ice Cream Tub

TUESDAY

Choose a main meal...

BBQ Chicken with 50/50 Rice

Rustic Italian Meatball  
Linguine (VE)

Mac 'n' Cheese (V)

On the side...

Corn on the Cob

Broccoli

For dessert...

Fresh Fruit Platter (VE)

WEDNESDAY

Choose a main meal...

Roast British Gammon

Cheesy Tomato Pasta (V)

Cumberland Sausage &  
Bean Puff Roast (VE)

On the side...

Carrots

Spring Greens

For dessert...

Fruit Jelly (VE)

THURSDAY

Choose a main meal...

Lemon & Garlic Chicken  
with Wedges

Jacket Potato with  
Baked Beans (VE)

Margherita Pizza  
with Wedges (V)

On the side...

Coleslaw

Sweetcorn

For dessert...

Fresh Fruit Platter (VE)

FRIDAY

Choose a main meal...

Omega 3 Fish Fingers  
with Oven Baked Chips

Freshly Baked Baguette  
with a Choice of Filling

Lightly Spiced Rogan Josh  
with 50/50 Rice (VE)

On the side...

Peas

Cauliflower

For dessert...

Marble Cake with Custard

## WEEK 2

26/04/2021, 17/05/2021, 14/06/2021, 05/07/2021,  
30/08/2021, 20/09/2021, 11/10/2021

MONDAY

Choose a main meal...

Italian Style Lasagne (V)

Cheesy Tomato Pasta (V)

Sausage Roll with  
Diced Potatoes (VE)

On the side...

Peas

Sweetcorn

For dessert...

Red Velvet Sponge

TUESDAY

Choose a main meal...

Creamy Chicken Korma  
with 50/50 Rice

Jacket Potato with a  
Choice of Toppings

Crispy Vegetable Fingers  
with Wedges (VE)

On the side...

Farmhouse Vegetables

Baked Beans

For dessert...

Fresh Fruit Platter (VE)

WEDNESDAY

Choose a main meal...

Traditional Roast Turkey

Salmon & Broccoli Pasta

Mince & Onion Puff Roast (VE)

On the side...

Cabbage

Carrots

For dessert...

Raspberry Ripple  
Ice Cream Tub

THURSDAY

Choose a main meal...

Sticky Chicken with  
50/50 Rice

Freshly Baked Baguette  
with a Choice of Filling

Quorn Stir Fry with Asian  
Style Noodles (VE)

On the side...

Broccoli

Corn on the Cob

For dessert...

Fresh Fruit Platter (VE)

FRIDAY

Choose a main meal...

Battered Fish Fillet with  
Oven Baked Chips

Jacket Potato with a  
Choice of Toppings

Baked Enchiladas with  
Mexican Style Rice (VE)

On the side...

Cauliflower

Peas

For dessert...

Vanilla Sponge

## WEEK 3

03/05/2021, 24/05/2021, 21/06/2021, 12/07/2021,  
06/09/2021, 27/09/2021, 18/10/2021

MONDAY

Choose a main meal...

Organic Beef Burger in  
a Bun with Wedges

Sweet Chilli Chicken Pasta

Crispy Country Bake Burger  
in a Bun with Wedges (VE)

On the side...

Sweetcorn

Green Beans

For dessert...

Zesty Sponge with Custard

TUESDAY

Choose a main meal...

Mild Balti Curry with  
50/50 Rice (VE)

Jacket Potato with a  
Choice of Toppings

Margherita Pizza  
with Pasta (V)

On the side...

Farmhouse Vegetables

Peas

For dessert...

Fresh Fruit Platter (VE)

WEDNESDAY

Choose a main meal...

British Pork Sausage Toad in  
the Hole with Mash & Gravy

Cheesy Tomato Pasta (V)

Toad in the Hole with  
Mash & Gravy (VE)

On the side...

Carrots

Broccoli

For dessert...

Fruit Jelly (VE)

THURSDAY

Choose a main meal...

Southern Style Chicken  
with Potato Dippers

Freshly Baked Baguette  
with a Choice of Filling

Mild Chilli Loaded  
Potato Dippers (VE)

On the side...

Corn on the Cob

Baked Beans

For dessert...

Fresh Fruit Platter (VE)

FRIDAY

Choose a main meal...

Omega 3 Fish Fingers  
with Oven Baked Chips

Rice, Lentil & Vegetable  
Dhal (VE)

Hot Cheesy Quesadilla with  
Oven Baked Chips (V)

On the side...

Peas

Cauliflower

For dessert...

Strawberry Frozen Yoghurt



Fruit, yoghurts,  
cheese and crackers  
available daily!



Jacket Potato Toppings:  
Baked Beans, Cheese  
& Tuna Mayo.

Baguette Fillings:  
Ham, Tuna Mayo  
& Cheese



Unlimited salad  
& vegetables!